

Essence of a Figure

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PAINTING CLASS MATERIALS LIST

You have the option to paint in the medium of your choosing. I paint in both oils and acrylics and have experience with watercolor. You can choose a medium you are already comfortable with or challenge yourself to try something new. I am happy to help guide you through new mediums.

Regardless of your medium, here are the main colors you need:

- Ultramarine blue
- Cadmium yellow medium
- Cadmium red
- Yellow ochre
- Burnt sienna
- Titanium white

Additional color suggestions (optional):

- Prussian blue
- Permanent rose
- Cobalt blue
- Dioxazine Purple

If you would like to take this opportunity to try oils for the first time, the following checklist is designed to help you purchase some or all the art supplies you might need. If you have supplies from a previous class, please bring them, and then we can decide if you need to purchase other items. I get most of my supplies from Blick and have linked all of the items below. The total starting estimate if you need all new oil supplies is \$120. I highlighted all of the cheapest options for necessities.

Painting surface: The larger the better - please have a minimum size of 12"x16" to start

- Arches Oil Paper Pads (12"x16")
<https://www.dickblick.com/items/arches-oil-paper-pads-12-x-16-12-sheets/>
- You can also use Canvas panels but they are a bit more expensive. If you do choose panels, I highly recommend getting either of these higher quality options.

<https://www.dickblick.com/items/masterpiece-sausalito-hardcore-pro-canvas-panel-pack-12-x-16-pkg-of-5/>

<https://www.dickblick.com/products/fredrix-pro-series-belgian-linen-boards/>

- Gessobords by Ampersand are also a great option but again more expensive.
<https://www.dickblick.com/products/ampersand-gessobord/?fromSearch=%2Fsearch%2F%3Fsearchword%3Dgessobord>

Paints: I recommend Gamblin 1980, Utrecht, or Winsor & Newton.

- Basic set with all the necessary colors:
<https://www.dickblick.com/items/gamblin-1980-oils-introductory-set/>

Additional color suggestions (optional):

- Prussian blue
- Permanent rose
- Cobalt blue
- Dioxazine Purple

Mediums: Gamsol or linseed oil are needed

- Gamsol -
<https://www.dickblick.com/items/gamblin-gamsol-odorless-mineral-spirits-42-oz-bottle/>
- Linseed oil -
<https://www.dickblick.com/items/gamblin-refined-linseed-oil-4-oz-bottle/>

Brushes: Do not spend too much on brushes. I personally love using these cheap gesso brushes more than using the expensive oil brushes. These brushes help you loosen up:) If you are going to get nice oil brushes make sure they are bristle brushes, not synthetic brushes.

- Bristle Brushes - I would get at least 2 of each size linked below, maybe even 3 (so we can use multiple colors without constantly cleaning our brushes

<https://www.dickblick.com/items/blick-economy-white-bristle-brush-gesso-1/>
<https://www.dickblick.com/items/blick-economy-white-bristle-brush-gesso-12/>
<https://www.dickblick.com/items/blick-economy-white-bristle-brush-gesso-1-12/>

Metal Palette Knife: (Do not get the plastic ones - I have no success with these)

- Palette knife - <https://www.dickblick.com/items/blick-painting-knife-style-71/>

Palette:

- Paper palette sheets
<https://www.dickblick.com/items/richeson-gray-matters-paper-palette-12-x-16-gray-50-sheets/>
- Glass or Acrylic Palettes - I love using glass palettes since they make mixing easy and are easy to clean up. You can even use an old glass Picture Frame and insert gray or brown paper for a background - this is what I do to stay cheap
<https://www.dickblick.com/items/new-wave-posh-glass-tabletop-palette-12-x-16-gray/>
<https://www.dickblick.com/items/new-wave-ugo-plein-air-anywhere-grey-acrylic-palette-9-x-13-12/>

Small glass jar: anything you have or similar to this will do
<https://www.dickblick.com/items/glass-jar-4-oz-without-cap/>

Paper towels